

GREAT FUTURES START **HERE.**



3/4th Grade Basketball Rules & Standards

1. Player Eligibility

- a. All players must be basketball members of the Boys & Girls Club of Greater Dubuque and on the roster by the third game of the league. Any player who is added after the third game and is not a member will result in a forfeit for that game and all others in which that player participates in.

2. Jerseys

- a. Members of the same team are encouraged to wear the same color shirts/jerseys.
 - i. The Boys & Girls Club will not be responsible for opposing teams wearing the same color shirts.

3. Pre-game and Warm-ups

- a. The gym will be open fifteen minutes before the scheduled start of the first game. We will provide basketballs but you are encouraged to bring your own basketballs for warm-ups.

4. Game Ball

- a. The game ball will be a size 6 (28.5") size basketball, which will be provided, unless both teams agree to use a different ball.

5. Learning League Officiating

- a. Travels, Carry, Double dribbling, and backcourt violation will NOT be called for the sake of maintaining a learning and fun environment.

- b. Fouls will be called no matter the severity.
- c. Free throws can be shot from a taped free throw line, or regular free throw line. Player's discretion.
 - a. Games will be played as scheduled. A no-show will result in a forfeit. If there is a conflict and a team is unable to make the scheduled game time, coaches may contact Maurion Sherrod, Director of Sports, and see if it is possible to come late for a scheduled game.
- b. School Cancellation
 - i. If school is canceled, **it does not mean that league games are canceled.** If there is bad weather, a decision will be made by 2:00 p.m. regarding the evening's games. **Only coaches should contact the Boys & Girls Club** with any questions regarding games. As soon as a decision is made, the Boys & Girls Club will contact the coaches immediately.

6. Active Players/Disqualifications

- a. A team must have five players to start a game and must have at least three players to finish a game. Once a team is down to two players the game will immediately end and, regardless of score, the team with two players loses.

7. Clock & Overtime

- a. Games will consist of four 8-minute periods with Running Clock. There will be one minute between periods and two minutes delegated for halftime.
- b. The clock will stop in the last minute of each half and on field goals made in the last minute of the fourth period and in each extra period.
- c. Overtime will be two minutes.
 - 1. Any additional overtime period will be Sudden Death format (meaning, the first team to score wins).

- 9. Substitutions** a. Substitutions are only allowed on dead balls. They must report to the scorer's table.

10. Start of Game Possession

- a. Start of game possession will be determined by a jump ball.

11. Defense

- a. Half-court defense
 - i. All half court defenses will be allowed throughout the game at the coaches discretion.
- b. Full-court defense **NOT ALLOWED**

12. 5-second Closely Guarded Rule

- a. Only in effect when the offensive player is holding the basketball. **(Null 3/4th)**

13. Backcourt Timeline

- a. The backcourt timeline will be in effect (meaning, 10-second count).

14. Foul Bonus

- a. Teams will enter the bonus on the seventh team foul of each half. No double Bonus

15. Free Throws

- a. All non-shooting players must wait until the ball leaves the shooter's hand to enter the lane.
- b. Shooter must wait until the ball has hit the rim.

16. Timeouts

- a. Each team will be allowed two 60-second timeouts per half.
- b. For an overtime period, each team will be granted one 60-second timeout..
- c. Unused timeouts do not carry over from half to half, nor to overtime.

17. Technical Fouls

- a. Technical fouls will not be shot. The non-offending team will get two points and be awarded possession of the ball.

18. Sportsmanship

- a. Coaches are responsible for the conduct of their coaching staff, players, and spectators. If, in the opinion of the officials, the coaching staff, players, and/or spectators are a deterrent to the players and/or the game, the official will have the right to stop the game and remove the offenders from the Boys & Girls Club. Additionally, coaches, players, and spectators are strictly discouraged from approaching any referee at any point. Any comments should be directed toward the Director of Sports (Taylor Blum) or Director of Program Services (Tom Sullivan). **Please remember - the league is for the kids!**

19. Suspensions

- a. If a player is suspended from the Boys & Girls Club, he/she will not be allowed to play in any games during the course of the suspension.

20. Scoretable Operators

- a. Teams will be responsible for supplying either a scorekeeper or someone to do the scorebook. The first team on the schedule will be responsible for the scoreboard while the second team listed on the schedule will be responsible for the scorebook. We ask that you use good judgment in having the individual fulfill your responsibility.

21. Player Restrictions

- a. A player can only play for one team and in only one grade division.

22. Other

a. This basketball league is for the players to learn the fundamentals, sportsmanship, and social interaction of the game of basketball. All players, coaches, and spectators must keep this in mind in order to continue the success of the league, which is in benefit to the kids.

b. Please remember....

These are kids.

This is a game.

The coaches are volunteers.

The refs are human.

This is not professional basketball.